

CANCELLATION of ALL ARPA BUSHWALKERS ACTIVITIES until 31 May 2020

The Bushwalkers Committee has been monitoring the constantly changing developments in the Corona virus pandemic.

We are now convinced that, given the demographic of our members, we need to focus on their health and welfare. Therefore, it is our duty of care to cancel all activities effective from today.

This means the following are cancelled to 31 May 2020 (subject to review):

- All walks in our programme including Heysen trail
- The April Get Together
- All camps (may be postponed to a later date)
- All training
- All meetings.

As walking is recognised as excellent for our general health and mental well-being, we encourage you individually or in small groups (1-3 persons) to continue to do so, within current public health guidelines:

- Maintain social distancing of at least 1.5m from others
- Maintain hand hygiene by regular washing with soap and water or use of hand sanitiser
- Stay home / seek medical advice if unwell.

It is also important to maintain contact with family and friends and to monitor advice from governments via radio, television or the following websites, www.health.gov.au or www.sahealth.sa.gov.au .

The Committee will continue to monitor the Corona virus situation and update members through the website as appropriate.

These are troubled times and we must all do our utmost to slow the spread of this virus.

Chris Magarey
President