

Membership

Financial members of Retire Active SA are eligible to join Retire Active SA Bushwalkers. Prospective new members and visitors are welcome to participate in two trial walks before joining.

The Bushwalkers have an annual membership fee per person and a joint fee for two members at the same address. The membership year is from 1 December to 30 November. The fee is due by the AGM which is normally held in February of each year. Those joining during the period Jul–Nov pay a reduced fee.

The current fees are \$15 per person and \$25 for a couple at the same address. From Jul–Nov the fee is \$10/\$20. For Dec–Nov it is \$15/\$25.

Membership forms for joining Retire Active SA and the Bushwalkers are available on our websites.

The information requested on the forms is protected by the privacy policy of Retire Active SA and Bushwalkers and is primarily used for mailing out the Newsletters.

On joining, a copy of the current Newsletter, which includes the walking program, will be forwarded together with the 'Walkers Guidelines'.

Currently, membership is around 480.

What is Retire Active SA?

Retire Active SA was established in 1981 for the purpose of offering people aged over 50 years a broad spectrum of information, learning, leisure facilities and other services. Retire Active SA is a non-profit, voluntary organisation with a current active membership of about 1,600.

Retire Active SA Web Site:
www.retireactivesa.com.au

For further information about Retire Active SA Bushwalkers visit our Web Site at

www.retireactivesabushwalkers.org.au

Or email the membership officer at

retireactivebushwalkers@gmail.com

Or call the Retire Active SA office on

8211 9711 (Tue–Fri 9.30–2.30)

Postal Address:

Retire Active SA Bushwalkers
Level 4, 25 Leigh Street,
ADELAIDE SA 5000

**All bushwalking activities are
smoking free**



**Never
Retire
from Life.....**

www.retireactivesabushwalkers.org.au



Are you interested in

- Healthy exercise that suits your level of fitness?
- Meeting other friendly people?
- Walking in the bush, parks and forests?
- Going on camps and trips in a variety of places?

Then walking with the Retire Active SA Bushwalkers should appeal to you.

Retire Active SA Bushwalkers (formerly ARPA Bushwalkers) organise

- Long distance trail walks,
- Day walks at each of four grades that cater for different levels of fitness,
- Camps where walks are arranged in a particular area.

Long distance trail walking

Groups are formed to walk trails such as the 1,200km Heysen Trail in South Australia, the 250km Great South West Walk in Victoria and other trails in states and territories of Australia as well as overseas.

Day walks

Volunteer leaders plan and conduct the graded day walks.

Walkers are responsible for their own safety, personal accident insurance and ambulance cover.

Walks are graded as follows:

A Grade: The most difficult grade of walk; up to 25 km - may include very rough terrain and steep gradients; duration 5-6 hours.

B Grade: An intermediate grade; distance 12-17 km - may include steep gradients; duration 4-5 hours.

C Grade: An easier grade of walk; usually 7-12 km - may include moderate gradients; duration 3-4 hours.

D Grade: The easiest grade of walk; usually 5-7 km - easy walking which may have slight gradients; duration 2-3 hours. Walks are planned around the use of Public transport.

All walk times include lunch and other breaks.

During November to February, shorter Early Morning Walks are also arranged for B and C Grades.

Camps

Retire Active SA Bushwalkers conduct a range of low cost camps. They can be fully catered or self catering and use caravan parks, ski lodges or other suitable venues. Each year we have intra-state and inter-state camps. On these camps day walks are arranged with a rest day after 3 days of walking. Occasionally groups travel overseas or go backpacking.

Newsletter

As a financial member you will receive a quarterly Newsletter which will contain a program of walks and other proposed activities as well as articles about past camps and walks.

Management

A Committee of 14 members coordinates and oversees the activities of the club. They:

- Ensure a balanced program of walks and camps,
- Review the walking program and plan activities,
- Liaise with other walking groups,
- Deal with issues as they arise,
- Set the membership fee.

Committee members are elected for a three year term at the Annual General Meeting in February.